

Year 3 & 4 - What does it mean to be a Sikh?

Preceding Knowledge



- Place of Worship is a Gurdwara
- Created by 10 Guru's
- Holy book is the Guru Granth Sahib
- Sikhs worship both in public and in private.
- Sikhs worship together in the gurdwara.
- The word gurdwara means 'door to the Guru'.

Key Knowledge

There is only one God.

God is referred to by many names, including:

- Waheguru (Wonderful Teacher);
- Sath Nam (Eternal Reality);
- Akal Purakh (Eternal One).

God cannot be described as either male or female

God is both Sargun and Nirgun

God created people to know the difference between right and wrong.

Images of God are forbidden

All people are equal

Sikh's have a duty to keep God in mind at all times. (Nam Japna)

The duty of earning an honest living (Kirt Kana)

The duty of giving to charity and caring for others. (Vand Chhakna)

Key vocabulary

Sikhism	One of the world's main religions
Sikh	Someone who follows Sikhism
Guru	Spiritual teacher
Guru Nanak	Founder of Sikhism
Sargun	The belief that God is everywhere and in everything.
Nirgun	The belief that God is above and beyond everything.

The 5 K's

Keshi: Sikhs leave hair uncut to show obedience to God.

Kangha: A wooden comb that helps Sikhs to keep their hair in place.

Kara: A steel bangle that reminds Sikhs to behave well.

Kachera: These are shorts worn as underwear.

Kirpan: A tiny sword worn by Sikhs