

## Year 5 & 6 - What do people believe about forgiveness?

### Prior Knowledge

Preceding

- Christians believe that humanity can be forgiven for sins through Jesus' resurrection.
- The 6 world religions all teach of kindness and forgiveness in order to live an honest and good life.

### Key vocabulary

<b>Ten commandments</b>	The ten most important laws, revealed by God, teaching people how to live their lives.
<b>Sin</b>	A bad action. To go against rules given by God.
<b>Covenant</b>	An agreement.
<b>Repent</b>	To feel sorry (and express how sorry you are) for something you have done wrong.
<b>Dhammapada</b>	One of the Buddhist holy texts.



### Key Knowledge

- Jews and Christians believe that the Ten Commandments were rules given by God and that to break these rules is a sin.

#### Judaism

- Jews believe that they have a covenant with God.
- Covenant means if they follow 10 commandments God will look after them.
- God will forgive those that repent.

#### Buddhism

- The Dhammapada teaches them that forgiveness and love can overcome hate.
- They try to forgive themselves and others by following the Eightfold Path.
- Buddhists use meditation to help them focus and forgive. Meditation can be done alone or in a group.

Religious, spiritual and world leaders teach about the importance of forgiveness.

Prophet Muhammad

Archbishop Desmond Tutu

Mahatma Gandhi

Forgiveness (noun) is the action of forgiving or being forgiven. To forgive (verb) is to stop feeling angry or resentful towards someone for an offence, flaw or mistake. Forgiving means to change the way you feel about something that has happened or been done to you.



How do I forgive others?  
 How do I seek forgiveness?  
 How do these make me feel?  
 What do I believe?