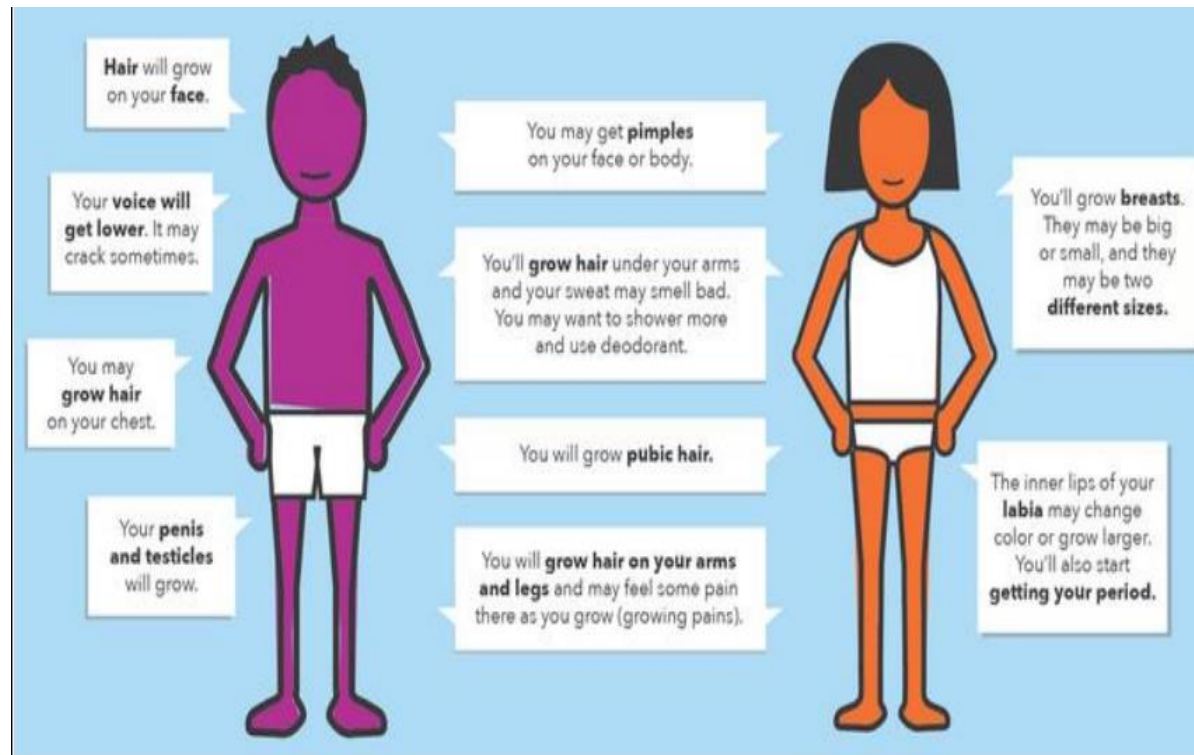


Relationships and Sex Education - Year 5



Key Knowledge

<p>Prior</p>	<ul style="list-style-type: none"> be able to identify the main stages of the human lifecycle and identify the stage of an individual with reasonable accuracy. be able to explain that a baby grows from a male seed and a female egg. be able to explain ideas about being grown up and show they have a relatively realistic view of adulthood. be able to identify an area for which they can take more responsibility. be able to explain some ways that parents/carers are responsible for babies and understand that these responsibilities are based on the fact that a baby cannot look after itself. 	<p>Current and suggested progression</p>	<ul style="list-style-type: none"> know and understand the appropriate scientific names for the external and internal sexual parts of the body and be able to explain basic functions. understand the main changes that happen at puberty, know some ways to manage them, and how it affects people differently. have a basic understanding about body image, and have learnt some ways to support a positive body image for themselves and others. understand the importance of washing regularly and of maintaining other hygiene routines during puberty. understand ways they can prevent the spread of some bacterial and viral diseases.
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Key vocabulary	
Labia	Folds of skin around the vaginal opening.
Clitoris	A female sexual organ that is located in front of the opening of the vagina.
Pubic Hair	The hairs that grow in the pubic region from puberty.
Vulva	The external opening of the vagina.
Testicle	An organ which produces male reproductive cells.
Prostate Gland	A gland surrounding the neck of the bladder in males.
Scrotum	A pouch of skin containing the testicles.
Penis	The male genital organ carrying the duct for the transfer of sperm.
Period	The regular discharge of blood from the inner lining of the uterus through the vagina.
Menstrual cycle	The process of ovulation.
Urethra	The duct by which urine is conveyed out of the body from the bladder.
Vagina	The muscular tube leading to the cervix of the uterus.
Fallopian tube	A pair of tubes along which eggs travel from the ovaries to the uterus.
Ovary	A female reproductive organ in which eggs are produced.
Uterus	The organ in the lower body of a female where offspring are conceived and in which they gestate before birth.
Cervix	The narrow passage forming the lower end of the uterus.
Puberty	The period during which adolescents reach sexual maturity
Virus	Infects by replicating itself.
Bacteria	Single celled microorganisms. There are good and bad bacteria.

