| Key vocabulary | |
|----------------|-------------------------------------|
| Digestion | The process of your stomach |
| | removing substances it needs and |
| | getting rid of the waste. |
| Intestine | Tubes in your body that food passes |
| | through. |
| Joint | Where two bones meet and move |
| | together. |
| Muscle | A piece of tissue inside your body |
| | which connects two bones. |
| Nutrients | Substances that help plants and |
| | animals to grow. |
| Oesophagus | Tube that carries food from your |
| | throat to your stomach. |
| Predator | Animals that kill and eat other |
| | animals. |
| Producer | Organisms that make their own food |
| | e.g plants. |
| Saliva | Watery liquid that forms in your |
| | mouth help digestion. |
| Skeleton | Framework of bones in your body |
| Vitamins | Substances you need to remain |
| | healthy. |
| | |
| | |
| | |

Year 3 & 4: Animals including humans.

| | | Key Knowledge |
|--------------|---|---|
| tt Preceding | ٠ | Animals, including humans need water food and |
| | | air for survival. (Y2) |
| | • | It is important for humans of exercise and eat |
| | | the right amounts of different types of food to |
| | | stay healthy (Y2) |
| | • | It is also important for our hygiene to wash |
| | | especially after exercise. (Y2) |
| | • | Humans and animals are not producers and |
| | | cannot make their own food. |
| | • | Humans and animals must eat in order to get |
| | | the nutrients that they need to stay healthy. |
| | • | A piece of food will often provide a range of |
| | | nutrients such as carbohydrates, protein, |
| | | vitamins, minerals, fibre, fat, sugars, water. |
| | • | Skeletons in humans and some other animals |
| | | are to help the move, provide protections and |
| | | support. |
| | • | Humans and many animals have a spine, which is |
| | | to hold them upright and help them to move. |
| | • | Some animals do not have skeletons but can |
| | | still move and protect themselves. |
| Current | • | Digestion begins in the mouth when food is |
| CL | | chewed by the teeth. |
| | • | Humans have four types of teeth - incisors |
| | | for cutting, canines for tearing molars and |
| | | premolars are for chewing. |
| | • | Saliva in the mouth begins to break down the |
| | | food before it is swallowed. |
| | • | Food travels down the oesophagus and into the |
| | | stomach and chemicals are added. |
| | • | Food passes into the small intestine and |
| | | the nutrients are absorbed from the food. |
| | • | Next, the water is absorbed from the food |
| | | when it reaches the large intestine. |
| | • | Living things can be classified as producers, |
| | | predators and prey according to their place in |
| | | the food chain. |

