Key vocabulary	
Digestion	The process of your stomach
	removing substances it needs and
	getting rid of the waste.
Intestine	Tubes in your body that food passes
	through.
Joint	Where two bones meet and move
	together.
Muscle	A piece of tissue inside your body
	which connects two bones.
Nutrients	Substances that help plants and
	animals to grow.
Oesophagus	Tube that carries food from your
	throat to your stomach.
Predator	Animals that kill and eat other
	animals.
Producer	Organisms that make their own food
	e.g plants.
Saliva	Watery liquid that forms in your
	mouth help digestion.
Skeleton	Framework of bones in your body
Vitamins	Substances you need to remain
	healthy.

Year 3 & 4: Animals including humans.

		Key Knowledge
tt Preceding	٠	Animals, including humans need water food and
		air for survival. (Y2)
	•	It is important for humans of exercise and eat
		the right amounts of different types of food to
		stay healthy (Y2)
	•	It is also important for our hygiene to wash
		especially after exercise. (Y2)
	•	Humans and animals are not producers and
		cannot make their own food.
	•	Humans and animals must eat in order to get
		the nutrients that they need to stay healthy.
	•	A piece of food will often provide a range of
		nutrients such as carbohydrates, protein,
		vitamins, minerals, fibre, fat, sugars, water.
	•	Skeletons in humans and some other animals
		are to help the move, provide protections and
		support.
	•	Humans and many animals have a spine, which is
		to hold them upright and help them to move.
	•	Some animals do not have skeletons but can
		still move and protect themselves.
Current	•	Digestion begins in the mouth when food is
CL		chewed by the teeth.
	•	Humans have four types of teeth - incisors
		for cutting, canines for tearing molars and
		premolars are for chewing.
	•	Saliva in the mouth begins to break down the
		food before it is swallowed.
	•	Food travels down the oesophagus and into the
		stomach and chemicals are added.
	•	Food passes into the small intestine and
		the nutrients are absorbed from the food.
	•	Next, the water is absorbed from the food
		when it reaches the large intestine.
	•	Living things can be classified as producers,
		predators and prey according to their place in
		the food chain.

